

Cru Cheerleading Tryout Information

The CRU Cheerleading Program will host the 2018-2019 tryout session on TBA to assess the abilities, leadership skills, and potential of interested and qualified candidates.

Tryouts are intended to be a low stress event. For that reason, they are conducted in a practice-like environment. Candidate's skills, talents, and their ability to work with current and prospective team members, will be evaluated. A short interview with the candidate may be conducted at any time during the sessions.

Actual attendance by candidates at the tryout session is highly recommended; however, any individual who cannot attend the tryout session may submit a videotape for consideration. All videos must be included in the tryout packet. Please contact coach directly for video requirements.

Minimum Qualifications for Tryouts:

- Incoming freshmen and transfer students must have completed the regular admissions application process and be accepted to the University prior to tryouts.
- Candidates must be in good academic and disciplinary standing with the university.
- Candidates must possess sufficient physical fitness and proper training to execute all required skills during the selection process.
- Candidates must be covered by health insurance for tryouts and/or sign a participation waiver.
- Prospective candidates should be involved in high school or competitive cheerleading/gymnastics in some fashion. Each candidates' individual experiences will be taken into consideration.
- The tryout packet must be completed in its entirety and submitted by the stated due date prior to tryouts.

Skills Criteria:

Tumbling:

- Standing Tumbling: back hand spring or back tuck (highly preferred)
- Running Tumbling – minimum of round-off back handspring series to back tuck (highly preferred)

Stunts: All-Girl & CoEd (Flyers & Bases)

- Game day stunts (straight up and full-up, extensions and liberties)
- Optional elite stunts/sequences (2-2-1, stretches, arabesques, etc.)
- Solid basics, athlete potential, and experience with a variety of groups

Jumps & Overall Technique:

- Toe-Touch, Hurdler and Pike required
- Strong Motion Placement and Control required
- Strong Voice inflection required
- Collegiate strength and image required

Overall Impression of the CRU:

- C- Commitment & Teamwork,
- R- Respect & Positive leadership skills,
- U- an Understanding that God is leading you on this journey.

Candidates will also be evaluated on the following criteria:

- Strong leadership qualities
- Charismatic presence/personality
- Confidence
- Independence
- Enthusiasm
- Ability to engage an audience

Tryout Format:

Skills Session

Cheer/Chant Session

Fight Song Session (**refer to video on our website to learn this ahead of time**)

Interview Session

****More Information on these tryout sessions will be posted closer to the tryout date.****

Letter of Recommendation

Prior to tryouts, send in at least 2 letters of recommendation.

Please ask your reference (preferably a former coach) to demonstrate your willingness and ability to hold true to the above criteria. For more information on the mission and values of the University of Mary Hardin-Baylor, refer to www.umhb.edu

Email Letters to awinkler@umhb.edu with Candidate Name in the subject line. These letters should come directly from the reference.

Contact Information

For questions regarding tryouts, email head coach at awinkler@umhb.edu

Notification of Selection: The new squad will be announced on the CRU Cheerleading Website at <http://students.umhb.edu/rec/crucheer>.

Candidates will receive more information regarding the posting at tryouts.

Additional Information

- All members of the 2018/2019 Cheer Squad will be required to attend a program meeting and preliminary practices tentatively scheduled for Sunday, May 20, 2018.
- All members of the squad will be required to attend UCA Summer Camp and attend work week during summer 2017.
- All current members of the squad must tryout each year.

Coaching staff reserves the right to conduct “walk on” tryouts at any point in time.



UMHB Cheerleading Tryout Packet

- Incoming freshmen ARE eligible to tryout,
- Current and transfer students with a minimum 2.5 GPA are eligible,
- Current UMHB students must be enrolled full-time (12 hours) to be eligible,
- Current UMHB Students must be in good disciplinary and academic standing with the university. Transfer students must be disciplinarily and academically eligible to return to the university from which they are transferring,

Following must be submitted by April 13, 2018 to awinkler@umhb.edu

1. Copy of admissions letter to the University of Mary Hardin-Baylor,
2. Or, Current year to date transcript,
3. Letters of recommendation – Please see information below,
4. Resume or list of activities/work experience/community involvement,
5. Statement of purpose indicating why you would like to be a member of the UMHB Cheerleading Program. Please provide any information regarding any extenuating circumstances about which you feel we should be aware. Please comment on your ability to adhere to the CRU values listed below.
C- Commitment & Teamwork,
R- Respect & Positive leadership skills,
U- an Understanding that God is leading you on this journey.

Following must be provided at tryout check-in:

1. \$25 fee must be submitted.
2. Paper copy of your medical insurance card.

Letters of Recommendation

Prior to tryouts, send in at least 2 letters of recommendation.

Please ask your reference (preferably a former coach) to demonstrate your willingness and ability to hold true to the above criteria. For more information on the mission and values of the University of Mary Hardin-Baylor, refer to www.umhb.edu

Email Letters to awinkler@umhb.edu with Candidate Name in the subject line. These letters should come directly from the reference.

Tryout Format:

Friday Night (Date TBA) Open gym 7-9pm- not required but highly recommended

Saturday TBA beginning at 9am

Skills Session

Cheer/Chant Session

Fight Song Session (**refer to video on our website to learn this ahead of time**)

Interview Session

Cheerleader Candidate Information

(PLEASE PRINT)

Last Name : _____

First Name: _____ Middle Initial: _____

Permanent Address:

E-mail Address: _____

Telephone Number : () _____ - _____

Cell Phone Numbers: () _____ - _____

Date of Birth: _____ / _____ / _____

Hometown: _____

Probable/Current Major : _____

Current GPA: _____

UMHB Expected Graduation Date: _____

High School Name & City: _____

High School Graduation Date: _____

Have you tried out before?: _____ If yes, what year(s)?: _____

Did you cheer in high school? _____ Did you have football? _____

Stunt Position: Top Girl Main Base Side Base Backspot

Height: _____ Feet _____ Inches

Shoe Size: _____

T-shirt size(adult size): X-Small Small Medium Large X-Large XX-Large